

GEORGE
CHIALA'S
RECIPE
OF
THE MONTH
COLLECTION

MAR 2020 Recipe 130

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## Spring Minestrone

## PREPARATION

- 1 Heat oil in a Dutch oven on medium. Add celery, leeks, onion, and 1/2 teaspoon salt and cook, covered, stirring occasionally, until tender, 5 to 7 minutes.
- 2 Add potatoes, thyme, 1/4 teaspoon each salt and pepper, and 6 cups water and bring to a boil, then simmer 8 minutes.
- 3 Add asparagus and fusilli and simmer 3 minutes more.
- 4 Add sugar snap peas and beans and simmer until fusilli is al dente, about 5 minutes more. Discard thyme sprigs. Sprinkle soup with dill and serve with bread, if desired.



## **INGREDIENTS**

2 tablespoons extra virgin olive oil

2 stalks celery, finely chopped

2 leeks (white and light green parts only), finely chopped

1 onion, finely chopped

Sea salt

Pepper

12 oz. red potatoes, cut into 1/2-inch pieces

8 sprigs fresh thyme

1 lb. asparagus, trimmed and cut into 1-inch pieces

6 oz. sugar snap peas, halved

1 15-oz can white beans, rinsed

3/4 cup uncooked fusilli pasta

Chopped dill and crusty bread, for serving

## COOK'S NOTE:

This delicious and healthy twist on traditional minestrone soup showcases some of springtime's finest greens including asparagus and snap peas .

Bon Appétit! -George