

GEORGE CHIALA'S RECIPE OF THE MONTH COLLECTION

MAR 2017Recipe 94

For more recipe ideas, please visit: WWW.GCFARMS.COM/RECIPES.HTML

4-Cheese Stuffed Shells with Smoky Marinara

PREPARATION

- Cook pasta according to package directions, omitting salt and fat.
 Drain and set aside.
- 2 Preheat oven to 375°.
- 3 Coat 2 (13 x 9-inch) baking dishes with cooking spray; set aside.
- 4 Place cottage cheese and ricotta cheese in a food processor; process until smooth. Combine cottage cheese mixture, Asiago, and next 6 ingredients (Asiago through spinach).
- 5 Spoon or pipe 1 tablespoon cheese mixture into each shell. Arrange half of stuffed shells, seam sides up, in one prepared dish. Pour 3 cups Smoky Marinara over stuffed shells. Sprinkle with 1/2 cup mozzarella. Repeat procedure with remaining stuffed shells, Smoky Marinara, and mozzarella in remaining prepared dish.
- 6 Cover with foil. Bake at 375° for 30 minutes or until thoroughly heated.

Four-Cheese Stuffed Shells with Smoky Marinara



INGREDIENTS

1 pound jumbo shell pasta (40 shells)

1 (12-ounce) carton low-fat cottage cheese

1 (15-ounce) carton ricotta cheese

1 cup (4 ounces) shredded Asiago cheese

3/4 cup (3 ounces) grated fresh Parmesan cheese

2 tablespoons chopped fresh chives

2 tablespoons chopped fresh parsley

1/4 teaspoon black pepper

1/4 teaspoon salt

10 ounces fresh chopped spinach

6 cups Smoky Marinara

1 cup (4 ounces) shredded mozzarella cheese, divided

COOK'S NOTE:

These savory stuffed shells have a subtly smoky taste due to the fire-roasted tomatoes in the marinara sauce. For variation, consider adding basil, oregano or arugula. Make some garlic bread and a green salad for a warm, hearty meal.

Bon Appétit!
-George